

SPA SAFFIRE



EVERY MOMENT

Saffire
FREYCINET

WELCOME TO SPA SAFFIRE

Nestled within the heart of Saffire, our signature spa sanctuary draws on the natural elements to relax and restore you, both energetically and aesthetically. We have hand-selected some of the world's best skin and body care products to ensure a luxurious experience and impeccable results. Let us introduce you to La Gaia, an Australian company focusing on holistic care for both beauty and health. Extending from this range is the exclusive Saffire product range.

Combining results and luxury, Payot uses a specific beauty enhancing methodology which is a unique combination of movements and the most effective natural active ingredients. Maintaining the integrity of the skin at all times, the complex ingredients used in all Payot treatments are unified through bio-technology and bio-affinity providing ultimate hydration and anti-ageing effects.

Our highly skilled therapists specialise in some of the world's leading therapeutic techniques to help you achieve your highest health and wellness potential. We begin with a personal consultation, where we will discuss and select a program of treatments and therapies to perfectly reflect your personal needs and preferences, then book in your program and prepare the spa for your arrival.



SAFFIRE SIGNATURE PACKAGES

SPA SAFFIRE RELAXATION

In the privacy and comfort of Spa Saffire, you can truly be yourself and let the outside world float on by. Begin with a relaxation massage, including scalp, feet and hands, as well as vital tension areas. Finish with a full body exfoliation, the Macadamia Body Scrub, in the Steam Sanctuary. (Regrettably, this is not available as dual treatment.)

2 hours \$390

SPA SAFFIRE REJUVENATION

The gift of rejuvenation is yours with this beautifully holistic treatment. The treatment begins with a full body exfoliation using Saffire Organic Salt Scrub, in the Steam Sanctuary, with our Saffire Signature Aroma and is followed with our Payot Les Essentiels Beauté Facial, targeting your individual skin care concerns. This will leave you, your skin and your body feeling like brand new. (Regrettably, this is not available as dual treatment.)

2 hours \$420

JOURNEY RECOVERY

Specifically designed with the effects of jetlag in mind, start your treatment with a rejuvenating back massage followed by our Payot Light Legs. You will feel an instant sensation of freshness and lightness. Payot Light Legs helps to improve water retention, thanks to massaging strokes that stimulate blood exchanges and strengthen venous return. It finishes with a scalp massage that will leave you feel refreshed, energised and ready to enjoy your travels.

60 minutes \$195



**SAFFIRE SIGNATURE
PACKAGES (CONTINUED)**

SPA SAFFIRE REVIVE

The best of both worlds. Enjoy the best of Spa Saffire without needing to miss any scheduled Saffire Experiences. Begin with a relaxing back, neck and shoulder massage and finish with the Payot Express Facial, customised to your individual skin care concerns to leave you feeling refreshed and ready for your next adventure.

60 minutes \$210

SPA SAFFIRE DUAL RENEWAL

Luxuriate with time out together in our beautiful dual treatment suite – a long, therapeutic soak in our marble bath. Ease away tension with a full body Spa Saffire Aromatherapy massage, followed by a Payot Les Essentiels Beauté Facial that will renew, recharge and rebuild your skin. This treatment is a ‘must’ to share with the one you love.

2 hours 30 minutes \$480 per person

FOR THE LOVE OF TWO

Begin with a long, therapeutic soak in the bath with your choice of Saffire Mineral Bath or Saffire Milk Bath. Complete your soak with a full body Relaxation Massage.

90 minutes \$270 per person



FOR YOUR BODY

All treatments are performed in the Steam Sanctuary.

MACADAMIA BODY SCRUB

Refine and renew skin texture with ground macadamia shell bamboo enriched with ginseng, echinacea, oat flour, soothing chamomile & vitamin E. This beautiful scrub is lightly scented with gentle aromatics of neroli, lavender and rosewood, leaving your skin feeling restored and rejuvenated.

60 minutes \$210

SAFFIRE ORGANIC SALT SCRUB

Luxury at its best with La Gaia. A lovely blend of mineral salt, shea butter and lime, combined with our Saffire Signature Aroma. This will leave your skin feeling tantalised, fresh and silky smooth.

60 minutes \$210

THE SAFFIRE EXPERIENCE

This treatment combines both the Macadamia Body Scrub and Clay Body Mask, with Saffire’s unique body cream to nourish the skin and leave you feeling radiant from top to toe. Our finishing touch is a La Gaia facial cleanse and moisturise so you are ready to face the world again with a real glow.

90 minutes \$290

PAYOT L’ELIXIR

A sublime body and face treatment with nourishing, repairing and relaxing properties. A delicious scrub, repairing wrap and modelling massage with myrrh and Amyris Balm, deeply hydrates, oxygenates tissues and brings radiance to even the most tired skins. A complete beauty care programme for absolute relaxation.

90 minutes \$315



PAYOT FACIALS

LES ESSENTIELS BEAUTÉ

Unique and customised skin coaching treatments that will answer essential needs of daily skin concerns. The skin will be balanced, nourished and radiant with an immediate look of health.

60 minutes \$210

LES ABSOLUS BEAUTÉ

High precision expert treatments and innovative formulas, the absolute necessity for intensive correction of skin concerns, boosting firmness, and smoothness while oxygenating the skin from within to boost all of the vital cell functions for increased overall skin health.

75 minutes \$260

LE SUPREME

Pure luxury on the skin, provided by products from the Supreme collection. This treatment immediately begins working on all signs of ageing: wrinkles, slackening skin, dull complexion and age spots. A comprehensive facial using the Supreme procedure includes: pearl exfoliation to refine and brighten, the famous 42-Movement Massage with a firming balm, and a mask with silver pigments to reduce the effects of ageing. A complete treatment for a truly exceptional and advanced anti-ageing experience.

90 minutes \$315

LA GAIA FACIALS

LA GAIA PERSONALISED FACIAL

Let our professional therapists analyse your skin and tailormake a customised facial addressing your specific concerns. Deliciously quenching and hydrating La Gaia precious elemental serums and gels will restore your skin back to its original beauty. A relaxing pressure point and jade roller massage will help unlock and balance energy to relieve tension lines around the eyes and face.

40 minutes \$120

60 minutes \$210

THE SAFFIRE JEWEL

La Gaia encompasses health and beauty holistically, as does this treatment. Combine your relaxing back, neck and shoulder massage with a personalised La Gaia Facial. This treatment will leave you feeling relaxed and renewed.

90 minutes \$280

MEN'S COLLECTION

MEN'S BESPOKE FACIAL

A customised male facial using La Gaia to cleanse, smooth and energise the skin, restoring natural balance. Whether your skin is thirsty, congested, sluggish or sensitive, our expert therapists will discuss your skincare needs then analyse and perform an exquisite facial to achieve the highest result.

60 minutes \$210

FOR THE LOVE OF MAN

This treatment is a 'must have' for all men. Drift into a state of relaxation while you receive a back, neck and shoulder massage, then enjoy a luxurious Payot Anti-Aging Optimale Essentiel Facial to cleanse, moisturise and soften your skin. The treatment finishes with a tidy to the feet. Emerge a new man!

90 minutes \$280



MASSAGE

RELAXATION MASSAGE

Relax and restore your wellbeing with a full body massage, consisting of flowing strokes, kneading and gentle manipulations of the muscles at your chosen pressure. A great way to relax your muscles and your mind.

40 minutes \$120

60 minutes \$180

90 minutes \$270

AROMATHERAPY MASSAGE

Enjoy a flowing, full body relaxation and sensory journey with your choice of essential oil blends.

60 minutes \$180

REMEDIAL MASSAGE

A tailored treatment which concentrates on specific areas of the body such as the lower back or neck, to release muscular tension with specialised massage techniques, including trigger point and stimulating movements designed to release muscle stress, relax and rejuvenate.

40 minutes \$140

60 minutes \$210

90 minutes \$315

A LITTLE BIT MORE

Add to any spa treatment with the following:

HAIR AND SCALP CONDITIONING TREATMENT

Smoothing, conditioning treatment with scalp massage.

15 minutes \$45

DRY BODY BRUSHING

Improves blood circulation and lymphatic drainage, releases toxins, exfoliates and is amazingly energising.

15 minutes \$25



PREGNANCY RELAXATION MASSAGE

This nurtures the expectant mother and baby during this beautiful time of life, relieving tension in the body, easing the mind, and relieving the unique stresses experienced during pregnancy.

Performed only after the first trimester.

Add an Express Manicure, Pedicure or Facial for a complete mother-to-be glow.

60 minutes \$210

THE HAZARDS HEATED STONE RESTORATION

Experience the profound allure of The Hazards with the deeply renewing Hazards Heated Stone Restoration, using hot stones handcrafted from the unique pink granite of The Hazards mountain range. The body and mind deeply relax through the heat of the stones as they are placed and massaged over the body.

75 minutes \$225

THE HAZARDS HEATED STONE TRANSFORMATION

This treatment incorporates the divine Hazards Heated Stone Restoration – the full body heated stone massage – with Swedish massage techniques.

90 minutes \$270

THE HAZARDS HEATED STONE RELAXATION

This is essential for all those who wish to receive the best of both worlds. The Hazards Heated Stone Restoration mingles with the La Gaia Personalised Facial to create a heavenly experience of relaxation.

120 minutes \$380

FOR YOUR HANDS AND FEET

THE SAFFIRE FOOT RITUAL

Your feet deserve our care and attention. Immerse them in our luxurious Saffire Foot Ritual, served with a blissful scalp massage and soothing foot massage.

40 minutes \$100

FOR THE LOVE OF FEET

Unwind with a relaxing foot soak and scrub followed by a divine foot and lower leg massage, relaxing scalp massage and finish with a full pedicure. This treatment includes polish on completion.

75 minutes \$225

FOR THE LOVE OF HANDS

This sublime hand treatment includes masque, relaxing hand and arm massage, finishing with a full manicure, leaving your hands visibly softer. This hand treatment includes polish on completion.

75 minutes \$225

EXPRESS MANICURE OR PEDICURE

File, buff, cuticle tidy and polish.

40 minutes \$100

GROOMING EXCELLENCE

For all your beauty needs during your holiday. Waxing and tinting are available upon request.

Yoga classes and individual sessions available on request.



OPENING HOURS

10.00am–7.00pm

APPOINTMENTS

Phone +61 3 6256 7888

On property Ext: 70

Appointments outside these hours are available on request, depending on staff availability.

SPA ETIQUETTE

- Please arrive 15 minutes prior to your scheduled treatment to allow time to check in, change if necessary and complete your consultation. Arriving late may give you less time to enjoy your treatment.
- If you are pregnant or have special health requirements, please inform us at the time of booking your consultation so we can ensure that your treatment is suitable for you.
- Please leave all jewellery and valuables in your suite and ensure mobile phones are turned off.
- Please be sure to discuss your spa time details and expectations with staff prior to your appointment time.
- Your treatment has been reserved especially for you; however we understand that plans change. We require three hours' notice to cancel a booking – without notice the full charge will apply.



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Bookings: saffire-freycinet.com.au Email: spa@saffire-freycinet.com.au Phone: +61 3 6256 7888